



# START LIST

## Road Mile Women

| RECORDS                             | RESULT  | NAME           | AGE    | VENUE            | DATE       |
|-------------------------------------|---------|----------------|--------|------------------|------------|
| World Record Women Only <b>WRwo</b> | 4:20.98 | Diribe WELTEJI | ETH 21 | Riga (LAT)       | 1 Oct 2023 |
| World Leading <b>WL</b>             | 4:23.25 | Jemma REEKIE   | GBR 28 | Düsseldorf (GER) | 6 Sep 2026 |

19 September 2026 10:10 START TIME

| ORDER | BIB | NAME                     | DATE of BIRTH | PERSONAL BEST | SEASON BEST |
|-------|-----|--------------------------|---------------|---------------|-------------|
| 1     | 604 | Sarah BILLINGS           | AUS 7 Mar 98  | 4:38.97       |             |
| 2     | 607 | Linden HALL              | AUS 20 Jun 91 | 4:32.00       |             |
| 3     | 620 | Mariska PAREWYCK         | BEL 13 Dec 88 |               |             |
| 4     | 628 | July FERREIRA DA SILVA   | BRA 27 Oct 94 | 4:41.13       |             |
| 5     | 630 | Jaqueline Beatriz WEBER  | BRA 6 Apr 95  | 4:50.11       |             |
| 6     | 635 | Gabriela DEBUES-STAFFORD | CAN 13 Sep 95 |               |             |
| 7     | 640 | Lucia STAFFORD           | CAN 17 Aug 98 |               |             |
| 8     | 653 | Kristiina SASÍNEK MÄKI   | CZE 22 Sep 91 | 4:52.00       |             |
| 9     | 661 | Mia Helene MØRCK         | DEN 16 Nov 99 | 4:54.95       |             |
| 10    | 662 | Annemarie NISSEN         | DEN 8 Jul 94  |               |             |
| 11    | 665 | Kanari ESTIFANOS         | ERI 18 Jun 10 |               |             |
| 12    | 672 | Kelly NEVOLIHIN          | EST 15 Nov 92 | 4:51.88       | 4:51.88     |
| 13    | 678 | Freweyni HAILU           | ETH 12 Feb 01 | 4:23.06       |             |
| 14    | 679 | Birke HAYLOM             | ETH 6 Jan 06  |               |             |
| 15    | 686 | Agathe GUILLEMOT         | FRA 11 Jul 99 | 4:43.49       |             |
| 16    | 687 | Augustine HAQUET         | FRA 13 Jul 03 |               |             |
| 17    | 694 | Sarah CALVERT            | GBR 29 Jun 01 | 4:50.23       |             |
| 18    | 698 | Katie SNOWDEN            | GBR 9 Mar 94  | 4:29.54       | 4:29.54     |
| 19    | 703 | Sarah HEALY              | IRL 13 Feb 01 |               |             |
| 20    | 704 | Laura NICHOLSON          | IRL 29 Mar 00 |               |             |
| 21    | 710 | Ludovica CAVALLI         | ITA 20 Dec 00 |               |             |
| 22    | 714 | Adelle TRACEY            | JAM 27 May 93 | 4:35.00       |             |
| 23    | 721 | Miriam CHEROP            | KEN 25 Jun 99 | 4:22.54       |             |
| 24    | 724 | Naomi KORIR              | KEN 1 Sep 98  |               |             |
| 25    | 731 | Līga VELVERE-KRŪMIŅA     | LAT 10 Feb 90 | 4:54.00       |             |
| 26    | 736 | Vera BERTEMES-HOFFMANN   | LUX 2 Nov 96  | 4:34.91       | 4:34.91     |
| 27    | 737 | Marine JOBLIN            | LUX 16 Aug 02 |               |             |
| 28    | 739 | Fatima Ezzahra BIRDAHA   | MAR 1 Mar 04  |               |             |
| 29    | 740 | Soukaina HAJJI           | MAR 4 Feb 97  |               |             |
| 30    | 742 | Mia Ivana CABRERA        | MEX 26 Jul 02 |               |             |
| 31    | 750 | Agathe JULIEN            | MON 24 May 88 |               |             |
| 32    | 758 | Alison ANDREWS-PAUL      | NZL 18 Dec 97 |               |             |
| 33    | 762 | Kimberley MAY            | NZL 8 May 03  |               |             |
| 34    | 767 | Weronika LIZAKOWSKA      | POL 2 Nov 98  | 4:37.04       |             |
| 35    | 774 | Alessandra RODRIGUEZ     | PUR 3 Nov 00  |               |             |
| 36    | 777 | Karabo MORE              | RSA 21 Apr 02 |               |             |
| 37    | 780 | Carina VILJOEN           | RSA 15 Apr 97 | 4:37.87       |             |
| 38    | 785 | Claire UWITONZE          | RWA 17 Jul 06 |               |             |
| 39    | 789 | Romaine Rui-Min SOH      | SGP 26 Nov 94 | 5:24.19       |             |
| 40    | 796 | Delia SCLABAS            | SUI 8 Nov 00  |               |             |
| 41    | 797 | Joceline WIND            | SUI 12 Sep 00 | 4:34.44       | 4:34.44     |
| 42    | 798 | Wilma NIELSEN            | SWE 2 Jun 01  |               |             |
| 43    | 799 | Vera SJÖBERG             | SWE 19 May 01 |               |             |
| 44    | 803 | Felister CHEKWEMOI       | UGA 15 Aug 07 |               |             |
| 45    | 809 | Patience CHEROP          | UGA 15 Jul 06 |               |             |
| 46    | 815 | Julietta FIRPO           | URU 31 Oct 03 | 5:02.64       |             |
| 47    | 820 | Gracie HYDE              | USA 12 Dec 99 | 4:25.64       | 4:25.64     |
| 48    | 826 | Addison WILEY            | USA 24 Oct 03 | 4:25.42       | 4:25.42     |

## START LIST

### Road Mile Women

| ALL-TIME TOP LIST |                          |                      |           | 2026 TOP LIST |                              |                      |        |
|-------------------|--------------------------|----------------------|-----------|---------------|------------------------------|----------------------|--------|
| RESULT            | NAME                     | VENUE                | DATE      | RESULT        | NAME                         | VENUE                | 2026   |
| 4:20.98           | Diribe WELTEJI (ETH)     | Riga (LAT)           | 1 Oct 23  | 4:23.25       | Jemma REEKIE (GBR)           | Düsseldorf (GER)     | 6 Sep  |
| 4:21.66           | Sinclair JOHNSON (USA)   | Honolulu, HI (USA)   | 13 Dec 25 | 4:25.42       | Addison WILEY (USA)          | Des Moines, IA (USA) | 21 Apr |
| 4:22.54           | Miriam CHEROP (KEN)      | Honolulu, HI (USA)   | 8 Dec 18  | 4:25.64       | Gracie HYDE (USA)            | Des Moines, IA (USA) | 21 Apr |
| 4:23.06           | Freweyni HAILU (ETH)     | Riga (LAT)           | 1 Oct 23  | 4:25.75       | Gracie MORRIS (USA)          | Des Moines, IA (USA) | 21 Apr |
| 4:23.25           | Jemma REEKIE (GBR)       | Düsseldorf (GER)     | 6 Sep 26  | 4:26.40       | Jaylah HANCOCK-CAMERON (AUS) | Ballarat (AUS)       | 25 Apr |
| 4:23.98           | Kristlin GEAR (USA)      | Des Moines, IA (USA) | 22 Apr 25 | 4:26.92       | Annika REISS (USA)           | Des Moines, IA (USA) | 21 Apr |
| 4:23.99           | Nelly CHEPCHIRCHIR (KEN) | Herzogenaurach (GER) | 26 Apr 25 | 4:29.34       | Eleanor FULTON (USA)         | Des Moines, IA (USA) | 21 Apr |
| 4:24.13           | Faith KIPYEGON (KEN)     | Riga (LAT)           | 1 Oct 23  | 4:29.54       | Katie SNOWDEN (GBR)          | Düsseldorf (GER)     | 6 Sep  |
| 4:24.40           | Karissa SCHWEIZER (USA)  | Des Moines, IA (USA) | 22 Apr 25 | 4:29.73       | Dorcus EWOI (KEN)            | Boston, MA (USA)     | 18 Apr |
| 4:24.50           | Nikki HILTZ (USA)        | Honolulu, HI (USA)   | 13 Dec 25 | 4:30.27       | Allie OSTRANDER (USA)        | Des Moines, IA (USA) | 21 Apr |